

Subject Overview – Physical Education

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	С	Manipulation and Co-	Speed, Agility and	Body Management	Body Management	Speed, Agility and	Manipulation and Co-
		Ordination Unit 1	Travel Unit 1	Unit 1	Unit 2	Travel Unit 2	ordination Unit 2
	Т	Cooperate and Solve	Dance Unit 1	Gymnastics Unit 1	Dance Unit 2	Gymnastics Unit 2	Co-operate and Solve
		Problems Unit 1					Problems Unit 2
	С	Attack, Defend and Shoot	Attack, Defend and	Hit, Catch and Run	Run, Jump and Throw	Send and Return Unit 2	Hit, Catch and Run Unit 2
Year 1		Unit 1	Shoot Unit 2	Unit 1	Unit 1		
-	Т	Send and Return Unit 1	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Run, Jump and Throw Unit 2
	C	Attack, Defend and Shoot	Attack, Defend and	Hit, Catch and Run	Run, Jump and Throw	Send and Return Unit 2	Hit, Catch and Run Unit 2
Year 2		Unit 1	Shoot Unit 2	Unit 1	Unit 1		
-	Т	Send and Return Unit 1	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Run, Jump and Throw Unit 2
Year	С	Football	Handball	Badminton	Tag Rugby	Cricket	Rounders
3	т	OAA	Dance	Gymnastics	Netball	Swimming	Swimming
Year 4	С	Football	Handball	Badminton	Tag Rugby	Cricket	Rounders
	Т	Swimming	Swimming	Gymnastics	Netball	Tennis	Athletics
Year 5	С	Football	Handball	Badminton	Tag Rugby	Cricket	Rounders
	Т	OAA	Dance	Swimming	Swimming	Tennis	Athletics
Year	С	Football	Handball	Badminton	Tag Rugby	Cricket	Rounders
6	Т	OAA	Dance	Gymnastics	Netball	Tennis	Athletics

Lead teacher: **C** = Coach **T** = Teacher*